



December 2024

- YG Yoga Room
- CR Community Room
- LB Library
- CH Chapel
- MA Media Room
- GR Game Room
- HA Heart Awareness
- CF Calamar Foundation
- OT Outdoors
- IB Indoor Building
- Resident/Tenant Run Activity
- ✓ Sign-Up Required
- ♪ Music
- 💰 Items to Purchase

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:20pm 49ers vs Bills Football 1</p> 	<p>2</p> <p>8:30 CR Morning Stretches</p> <p>9:30 LB What's Happening</p> <p>10:30 YG Improved Health Exercises</p> <p>11:00 IB Holiday Decorating</p> <p>1:00 CR Connect 55+ Forum</p> <p>1:00 Quilters/ Knitters Group (in C)</p> <p>2:00 CR "Kazoo Karoling"</p> <p>3:30 IB Walk & Talk</p> <p>4:00 LB Library Moments</p>	<p>3</p> <p>8:30 CR Reach Out Stretches</p> <p>9:30 LB Library Laughs</p> <p>10:30 CR Let's Get Moving</p> <p>11:00 CR Relaxation Exercises</p> <p>1:00 CR Family Feud</p> <p>2:00 CR Guest Speaker: Jim Carter</p> <p>3:30 IB Hallway Hike</p> <p>4:00 LB Library Stories</p> <p>6:00 Dime Bingo</p>	<p>4</p> <p>8:30 Wednesday Morning Stretch</p> <p>10:30 IB Walkers Group</p> <p>10:45 YG Move & Groove</p> <p>1:00 CH Bible Study w/ Pastor Dan</p> <p>2:00 CR Guest Speaker: from The Wellness Store\$</p> <p>3:00 GR Wii Bowling</p> <p>3:30 IB Wellness Walk</p> <p>4:00 LB Social Gathering</p> <p>5:00 CR Annual Christmas Gift Swap ✓</p>	<p>5</p> <p>8:30 CR Stretch & Bend</p> <p>9:30 LB Library Gathering</p> <p>10:30 CR Fitness 101</p> <p>11:00 CR Decorating Christmas Cookies</p> <p>1:00 CR Ice Cream Stand</p> <p>2:00 CR Candy Bingo</p> <p>3:30 IB Gentle Hallway Walk</p> <p>4:00 LB Library Laughs</p> <p>6:00 Euchre</p>	<p>6</p> <p>8:30 Friday Morning Stretch</p> <p>9:30 IB Scavenger Hunt & Win</p> <p>10:00 CF Coffee Hour Meeting</p> <p>10:30 CR Secret Santa Meeting</p> <p>10:45 HA Cardio Building Walk</p> <p>11:00 YG Chair Yoga</p> <p>1:00 CR Solitaire / Word Soup</p> <p>2:00 CR From the Warsaw Archives</p> <p>3:30 IB Building Walk</p> <p>4:00 OT Social Gathering</p> <p>8:00 OT WFD'S FIRE TRUCK LIGHT PARADE</p>	<p>7</p> <p>NATIONAL PEARL HARBOR REMEMBRANCE DAY</p> <p>5:30 Happy Hour</p>
<p>4:25pm Bills vs Rams Football 8</p> 	<p>9</p> <p>8:30 CR Stretch & Bend</p> <p>9:30 LB Current Events</p> <p>10:30 YG Metro Chair Exercises</p> <p>11:00 YG Gentle Chair Exercises</p> <p>1:00 CR Guest Speaker: from Orchard Park - "Your Senior Wish"</p> <p>1:00 Quilters/ Knitters Group (in C)</p> <p>2:30 CR Guest Speaker: Kelli Carson from WNY CJ Country Radio</p> <p>3:30 IB Walkers Group</p> <p>4:00 LB Social Gathering</p>	<p>10</p> <p>9:00 CR Veterans' Breakfast</p> <p>10:30 CR Silver Sneakers</p> <p>11:00 CR Scenic Mindful Moments</p> <p>1:00 CR Christmas Musical Bingo</p> <p>2:00 CR Craft: Candy Tree Treats ✓</p> <p>3:30 IB Step by Step Walk</p> <p>4:00 LB Current Events</p> <p>6:00 Dime Bingo</p>	<p>11</p> <p>8:30 Wednesday Morning Stretch</p> <p>10:30 IB A Joyful Building Walk</p> <p>10:45 YG Metro Chair Exercises</p> <p>1:00 CH Church Service w/ John</p> <p>1:30 MA Matinee - Dolly Parton's Movie 'Coat of Many Colors'</p> <p>2:00 GR Christmas Trivia</p> <p>3:00 GR Wii Bowling</p> <p>4:30 CR Annual Christmas Dinner</p>	<p>12</p> <p>8:30 CR Sit & Reach</p> <p>9:30 LB What's Happening</p> <p>10:15 CR Guest Students: Sue's Preschoolers from Perry Head Start</p> <p>1:00 Book Club Meeting</p> <p>1:00 CR Thrifty Thursday</p> <p>2:00 CR Candy Bingo</p> <p>3:30 IB Walker's Group</p> <p>4:00 LB Library Gathering</p> <p>6:00 Euchre</p>	<p>13</p> <p>8:30 Friday Morning Stretch</p> <p>9:30 IB Scavenger Hunt & Win</p> <p>10:00 CF Coffee Hour Meeting</p> <p>10:45 IB 15 Minute Building Walk</p> <p>11:00 YG Stronger Seniors</p> <p>1:00 CR Hot Cocoa & Cookies</p> <p>2:00 CR Guest Speaker: Josh Rice - Arts Council Lecturer at the Alan Alda Center in NYC</p> <p>3:30 IB Walk & Talk</p> <p>4:00 OT Conversation Chat</p> <p>6:30 RLC Dice Game</p>	<p>14</p> <p>5:30 Happy Hour</p>
<p>4:25pm Bills vs Lions Football 15</p> 	<p>16</p> <p>8:30 CR Monday Stretches</p> <p>9:30 LB Mail Time Chat</p> <p>10:30 YG Step to the Beat</p> <p>11:00 YG Music & Movement</p> <p>1:00 IB Dog Costume Hallway Parade</p> <p>1:00 Quilters/ Knitters Group (in C)</p> <p>2:00 IB Hallway Caroling with Santa</p> <p>4:00 LB Library Laughs</p>	<p>17</p> <p>8:30 CR Stretch for Strength</p> <p>9:30 LB Coffee & Chat</p> <p>10:30 CR Balance Strengthening</p> <p>11:00 CR Tai Chi</p> <p>1:00 CR Blood Pressure Checks</p> <p>2:00 CR Craft: Christmas Lite Dome ✓</p> <p>3:30 IB Walk & Chat</p> <p>4:00 LB What's Happening</p> <p>6:00 Dime Bingo</p>	<p>18</p> <p>8:30 Wednesday Morning Stretch</p> <p>10:30 YG Wellness Walk</p> <p>10:45 YG Fun & Fitness</p> <p>1:00 CH Church Service w/ Barb</p> <p>2:00 CR Guests: Home Schoolers: Christmas Program</p> <p>3:00 GR Wii Bowling</p> <p>4:00 LB Library Laughs</p> <p>5:00 CR Painting with Randi ✓</p>	<p>19</p> <p>8:30 CR Sit & Reach</p> <p>9:30 LB Library Laughs</p> <p>10:30 CR Move & Groove</p> <p>11:00 CR Gentle Chair Stretching</p> <p>1:00 CR Jeopardy</p> <p>2:00 CR Candy Bingo</p> <p>3:30 IB Walking is Good for You!</p> <p>4:00 LB Library Moments</p> <p>6:00 Euchre</p>	<p>20</p> <p>8:30 Friday Morning Stretch</p> <p>9:30 IB Scavenger Hunt & Win</p> <p>10:00 CR Coffee Hour - Wear Your Ugly Sweater</p> <p>10:45 IB Happy Hallway Hike</p> <p>11:00 YG Yoga Relaxation</p> <p>1:00 CR Anagrams</p> <p>1:00 GR Scrabble with Claire</p> <p>2:00 MA Paul Harvey: The Rest of the Story</p> <p>3:30 CR A Hallway Stroll</p> <p>4:00 LB Library Conversation</p> <p>6:30 RLC Dice Game</p>	<p>21</p> <p>1ST DAY OF WINTER</p> <p>12:30 CR Malena's Baked Goods \$</p> <p>2:00 CR MUSIC by THE KELLY OLD TIMERS ♪</p> <p>2:00 Pictures taken with Santa (Grandchildren are Welcome)</p> <p>5:30 Happy Hour</p>
<p>1:00 Patriots vs Bills Football 22</p> 	<p>23</p> <p>8:30 CR Sit & Reach</p> <p>9:30 LB Common Room Chat</p> <p>10:30 YG Move & Groove</p> <p>11:00 YG Yes 2 Next Exercises</p> <p>1:00 CR Monthly Birthday Social</p> <p>1:00 Quilters/ Knitters Group (in C)</p> <p>2:00 CR POKENO for PRIZES</p> <p>3:30 CR Special Guests: KM Dancers</p> <p>4:00 LB Current Events</p>	<p>24</p> <p>CHRISTMAS EVE</p> <p>8:30 CR Morning Stretches</p> <p>9:30 LB Library Moments</p> <p>10:00 CR Fitness 101</p> <p>10:30 CR Scenic Yoga</p> <p>11:00 CH Christmas Eve Church Service in the Chapel</p> <p>12:00 OFFICES WILL BE CLOSED FOR THE HOLIDAYS.</p> <p>6:00 Dime Bingo</p>	<p>25</p> <p>CHRISTMAS DAY / HANUKKAH. OFFICES WILL BE CLOSED</p> 	<p>26</p> <p>8:30 CR Reach Out Stretches</p> <p>9:30 LB Library Laughs</p> <p>10:30 CR Let's Get Moving</p> <p>11:00 CR Gentle Breathing</p> <p>1:00 CR Word Games</p> <p>2:00 CR Candy Bingo</p> <p>3:30 IB Hallway Stroll</p> <p>4:00 LB Social Gathering</p> <p>6:00 Euchre</p>	<p>27</p> <p>8:30 Friday Morning Stretch</p> <p>9:30 Library Laughs</p> <p>10:30 Gentle Chair Exercises</p> <p>11:00 Silver Sneakers w/ Deb</p> <p>2:00 Wii Bowling</p> <p>3:30 Building Walk</p> <p>4:00 Library Laughs</p> <p>6:30 RLC Dice Game</p>	<p>28</p> <p>NATIONAL PLEDGE OF ALLEGIANCE DAY</p> <p>5:30 Happy Hour</p>
<p>1:00 Jets vs Bills Football 29</p> 	<p>30</p> <p>8:30 15 min Stretches</p> <p>9:30 Morning Gathering</p> <p>10:30 Metro Exercises w/ Deb</p> <p>11:00 Relaxation Exercises w/ Deb</p> <p>1:00 Quilters / Knitters Group (in C)</p> <p>2:00 Bingo w/ Kevin</p> <p>3:30 Hallway Walk</p> <p>4:00 Library Chat</p>	<p>31</p> <p>HAPPY NEW YEAR'S EVE</p> <p>10:30 CR Move to the '60s</p> <p>11:00 CR Seated Chair Exercises</p> <p>2:00 CR Candy Bingo</p> <p>3:30 IB Walk & Chat</p> <p>4:00 LB Library Laughs</p> <p>5:00 CR Set up for Party</p> <p>8:00 CR 8pm - Midnight - NEW YEAR'S EVE PARTY BYOB. BRING IN THE NEW YEAR 2025!</p>	<p>ALL ACTIVITIES ARE SUBJECT TO CHANGE</p> <p>Find us on Facebook @ Connect 55+ Warsaw & on our YouTube Channel @ Channel55Plus</p>	<p>Thank You to the Warsaw Fire Dept</p> 	<p>Door & Balcony/ Patio Holiday Decorating Contest!</p> <p>You may win a prize. Winners will be announced during Coffee Hour on Fri., Dec. 20th.</p>	<p>Aw Phoebe!</p> 